## TRAYS \& APPETIZERS

| Vegetable Tray of <br> The centerpiece of your table, assorted cut veggies with your choice of curry chutney $\mathbf{v}$, hummus $\mathbf{v}$ or garlic parmesan dip. | $\begin{aligned} & \text { SMALL } \\ & \text { for } 10-20 \\ & \$ 25 \end{aligned}$ | $\begin{aligned} & \text { MEDIUM } \\ & \text { for } 25-50 \\ & \$ 50 \end{aligned}$ | $\begin{aligned} & \text { LARGE } \\ & \text { for 50-75 } \\ & \$ 100 \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Grilled Vegetable Tray of v An assortment of vegetables grilled with an herb oil and finished with a light drizzle of Balsamic reduction. |  | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 25-50 \\ & \$ 55 \end{aligned}$ |  |
| Fresh Fruit Tray of $v$ Beautifully arranged fresh fruit. A centerpiece for your table. | $\begin{aligned} & \text { SMALL } \\ & \text { for } 10-15 \\ & \$ 35 \end{aligned}$ | $\begin{gathered} \text { MEDIUM } \\ \text { for } 15-25 \\ \$ 55 \end{gathered}$ | $\begin{aligned} & \text { LARGE } \\ & \text { for } 30-50 \\ & \$ 100 \end{aligned}$ |
| Cheese Tray <br> Imported \& domestic cheeses. | $\begin{aligned} & \text { SMALL } \\ & \text { for } 10-15 \\ & \$ 25 \end{aligned}$ | $\begin{aligned} & \text { MEDIUM } \\ & \text { for } 15-25 \\ & \$ 50 \end{aligned}$ | $\begin{aligned} & \text { LARGE } \\ & \text { for } 30-50 \\ & \$ 100 \end{aligned}$ |
| Wisconsin Artisan Cheese Tray <br> A selection of the state's artisan-made cheeses. |  | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 10-15 \\ & \$ 50 \end{aligned}$ |  |
| Wisconsin Artisan Cheese with Fruit Wisconsin artisan cheeses \& fresh fruit. |  | $\begin{gathered} \text { ONE SIZE } \\ \text { for } \$ 5-25 \\ \$ 65 \\ \hline \end{gathered}$ |  |
| Add a cracker basket to accompany your cheese tray: |  | $\underset{\substack{\text { cracker tpes } \\ \$ 12}}{\text { SMAL }}$ | $\begin{aligned} & \text { MEDIUM } \\ & 3 \text { zppes } \\ & \$ 16 \end{aligned}$ |
| Todos los Dias 9 Our chipotle cream cheese dip, topped with tomato,let cheddar cheese, green onions and olives, with tortilla |  | $\begin{aligned} & \text { SMALL } \\ & \text { for 8-12 } \\ & \$ 35 \end{aligned}$ | $\begin{aligned} & \text { LARGE } \\ & \text { for } 10-20 \\ & \$ 60 \end{aligned}$ |
| Mexican Trio <br> This tray features guacamole, mild salsa and todos los dias, with tortilla chips. |  | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 15-25 \\ & \$ 40 \end{aligned}$ |  |
| Mediterranean Tray Our own hummus, feta basil spread, green and Kalamata olives served with pita wedges. |  | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 10-15 \\ & \$ 50 \end{aligned}$ |  |
| Hummus \& Pita Tray $\mathbf{v}$ <br> Your choice of hummus, served with pita wedges. <br> - Traditional • Kalamata Olive • Fire-Roasted Red | Pepper | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 10-15 \\ & \$ 30 \end{aligned}$ |  |
| Rustique Tray <br> Fresh toppings on bite-sized crusty French bread: <br> - Artichoke Parmesan with Spinach \& Scallions <br> - Olivada with Tomato \& Smoked Provolone <br> - Pesto Mozzarella <br> - Feta Basil |  | $\begin{aligned} & \text { SMALL } \\ & \text { for 20-30 } \\ & \text { \$ } 30 \\ & \text { COOOSE } \\ & \text { TTYPE } \end{aligned}$ | LARGE for $\mathbf{3 0 - 6 0}$ CH0 CHOSE $1-2$ TYPES |
| Cajun Chicken or Tofu Sliders (minimum 12 per type) Tiny sandwich, big flavor-our Cajun-marinated grilled on a pretzel bun with chipotle-mayo and lettuce. | chicken <br> cold, $\mathbf{v}$ by r | or tofu equest) | $\begin{gathered} \$ 5 \\ \text { each } \end{gathered}$ |
| Cocktail Sandwiches (minimum 12 per type) <br> - Turkey, Chutney \& Cheddar •Tuna Salad <br> - Hummus \& Vegetable Wrap v • Chicken Pinenut <br> - Cashew Curry Chicken Salad • Balsamic Tofu Wrap v <br> - Chipotle Cream Cheese \& Vegetable Wrap | SANDV ea $\$ 3.50$ | $\begin{aligned} & \text { WICHES } \\ & \text { chc } \\ & 3.50 \end{aligned}$ | $\begin{gathered} \text { WRAPS } \\ \text { each } \\ \$ 4.50 \end{gathered}$ |
| Sweets Tray <br> An assortment of a few of our favorites-lemon bars, brownies and mini-cookies-arranged on a tray. |  | $\begin{aligned} & \text { SMALL } \\ & \text { for } 15-52 \\ & \$ 50 \end{aligned}$ | $\begin{aligned} & \text { LARGE } \\ & \text { for } 30-50 \\ & \$ 100 \end{aligned}$ |
| Fancy Sweets Tray <br> Mini-cupcakes, pecan squares and Mexican weddin |  | $\begin{aligned} & \text { ONE SIZE } \\ & \text { for } 20-40 \\ & \$ 80 \end{aligned}$ |  |

## HEAT \& SERVE APPETIZERS

| Chicken Drumsticks (approx. 6/b, 3 lb minimum) Choose: Barbecue, Orange-Firecracker, Buffalo, or Teriyaki |  | $\begin{gathered} \$ 13 \\ \text { per pound } \end{gathered}$ |
| :---: | :---: | :---: |
| Savory Turkey Mini-Meatballs of (approx. 16/b, 3 lb minimum) |  | $\begin{gathered} \$ 13 \\ \text { per pound } \end{gathered}$ |
| Mini Burritos (minimum 12 per type) Mini burritos stuffed with cheese, and your choice of | $\begin{gathered} \text { BEAN } \\ \text { each } \\ \text { sach } \end{gathered}$ | $\underset{\substack{\text { each } \\ \$ 3.75}}{\text { CHICKEN }}$ |

## MENU KEY

Vegan items are made and processed without using animals or animal products.Many of our items can be made vegan upon request.These menu items are or can be made gluten free. Note that because These menu items are or can be made gluten free.

## SALADS

Balsamic \& Gorgonzola $\mathbf{v}$ gf
Mixed greens, toasted pepitas, craisins, Wisconsin

gorgonzola and our balsamic vinaigrette dressing. $\quad$\begin{tabular}{c}
SMALL <br>
for b-12 <br>
$\$ 30$

$\quad$

LARGE <br>
for $12-18$ <br>
$\$ 40$
\end{tabular}

Romaine lettuce, house-made croutons, Parmesan
${ }_{\$ 30}$

## $\underset{\substack{\text { LARGE } \\ \text { for } 12-18}}{ }$

Add sliced grilled chicken breasts for $\$ 6$ each
Add balsamic marinated tofu for $\$ 6$ each
$\begin{array}{ccc}\text { Garden Salad } \mathbf{v} \text { of } \\ \text { Green leaf lettuce, cut vegetables and one of our } & \begin{array}{lll}\text { SMALL }\end{array} & \begin{array}{l}\text { LARGE } \\ \text { for } 6-12\end{array} \\ \text { for } 12-18\end{array}$
house-made dressings.
Choose from:

- Garlic Parmesan - Balsamic Vinaigrette $\mathbf{r}$
- Herbal Vinaigrette $\mathbf{v} \quad-$ Greek Lemon Oil $\mathbf{v}$
$\begin{array}{ccc}\text { Kale Salad } \mathbf{v} \text { of } \\ \text { Chopped kale, shredded red cabbage and carrots, and diced } & \begin{array}{c}\text { SMALL } \\ \text { for } 6-12\end{array} & \begin{array}{c}\text { LARGE } \\ \text { for } 12-18\end{array} \\ \$ 30\end{array}$
red bell pepper, with cilantro and shaved almonds.
Tossed in Ginger Peanut Dressing, or Avocado Dressing
Potato Salad of
Choose from: "House", Diablo, or Mediterranean $\mathbf{v}$

$\begin{array}{ll}\text { SMALL } & \text { LARGE } \\ \text { for } 10-12 & \text { for } 12-18 \\ \$ 25\end{array}$

Basil Colseslaw
Arain Salads
Mexican Quinoa $\mathbf{v}$
$\begin{array}{cc}\text { SMALL } \\ \text { for } 10-12 & \text { LARGE } \\ \text { for } 123018\end{array}$
Pasta Salads
Spicy Peanut Noodles, Lemon Spinach Orzo
$\begin{array}{cc}\text { SMALL } & \text { LARGE } \\ \text { for } 10-12 \\ \$ 30 & \text { for } 12180 \\ \$ 40\end{array}$
Mediterranean Chicken or Tofu Salad
Satisfying side or healthy main dish, with spinach, tomato,
artichoke hearts, red bell pepper, red onion, pinenuts,
Tuna Pasta Salad
Fresh and flavorful, with pasta, Albacore tuna, seasonal

vegetables, and capers, dressed with a zingy mix of lemon

$$
\begin{array}{ll}
\text { SMALL } & \text { LARGE } \\
\text { for } 10-12 & \text { for } 12-18 \\
\$ 30
\end{array}
$$

SOUPS
Specify a favonte with one week's notice or choose from one of the
selections of the day. Available hot and ready, or chilled, for later.

## BREADS

| Cornbread (9"xl3" pan) plain or jalapeño | $\begin{gathered} \$ 15 \\ \text { per pan } \end{gathered}$ | Rolls \& Butter french $\mathbf{v}$ or whole wheat | $\begin{aligned} & \text { 55d } \\ & \text { each } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Corn Tortillas of $\mathbf{v}$ (6", 12 per pack) | $\begin{gathered} 75 \phi \\ \text { per pack } \end{gathered}$ | Garlic Bread (12-15 pieces) | $\begin{gathered} \$ 8 \\ \text { perpan } \end{gathered}$ |
| Flour Tortillas v <br> ( $6^{\prime \prime}, 10$ per pack) | $\begin{gathered} \$ 1.50 \\ \text { per pack } \end{gathered}$ | French Baguettes v | $\$ 3.15$ |

## ENTREES (pans weigh $5-6 \mathrm{lbs}$-plan on $1 / 4$ to $1 / 2 \mathrm{lb}$ per person)

Enchilada Casserole of $\underset{\$ 45}{\text { BLACK BEAN }} \underset{\$ 55}{\text { CHICKEN }}$ Our enchilada casserole is always a hit. Pair it with our Mexican Tho tray and
a Mexican inspired feast.

| Fajitas Over Rice |  |
| :---: | :---: |
| Strips of onion and red and green bell pepper are sauteed in a | $\begin{array}{c}\text { TOFU } \\ \$ 45 \\ \mathbf{y y}\end{array}$ | Strips of onion and red and green bell pepper are sauteed in

richly-flavored faita marinade and served over brown rice.

Bombay Chickpeas \& Rice $\underset{\$ 45}{\text { TOFU }} \underset{\$ 55}{\text { CHICKEN }}$ Basmati rice and chickpeas baked with sautéed onions, $\underset{\mathrm{v}}{\$ 45}$ peppers, tomatoes, cilantro and a blend of Indian spices $\underset{\$ 40}{ }$
$\underset{\$ 55}{\text { CHICKEN }}$
Vegetable Stir-fry
An assortment of crisp-cooked, fresh vegetableswith An assortment of crisp-cooked, fresh vegetableswith
our own Spicy Ginger or Thai Coconut Curry sauce; our own Spicy Ginger or Thai Coconut Curry sauce
served over Asian-style wheat noodles or brown rice grand topped with sesame seeds.
Lasagna
$\underset{\$ 50}{\text { VEGETARIAN }}$
TURKE
Layers of pasta, our hous
sauceand a savory filling
Vegetarian: Cheese, Vegetable, Mushroom
Pesto, or Spinach Feta
Non-vegetarian: Turkey Ragu
Chicken Niçoise
Strips of chicken breast simmered in an herbed chicken and
wine broth with potatoes, artichokes, tomatoes \& black olive
Mac \& Cheese
You'll love our creamy, cheddar-y version of the American
classic, baked with a buttered panko crumb topping
Baked Couscous
A savory casserole of spinach, tomato, feta cheese, pine nuts $\$ 45$
per pan
A savory casserole of spinach, tomato, feta cheese, pine n
and couscous. Serve it as a side with baked chicken or a
and couscous. Serve it as a side w.
Pasta Casseroles
Vegetarian: Lemon Broccoli, Creamy Vegetable
$\begin{array}{cc}\text { Non-vegetarian: Tuna \& Swiss Casserole, Lemon Chicken, } & \begin{array}{c}\$ 55 \\ \text { or Rosemary Chicken Alfredo }\end{array} \\ \text { perpan }\end{array}$
Grilled Chicken Breasts of (min. 10 breasts)
Whole or sliced boneless, skinless, grilled chicken breasts, either annated or plain.
Lemon-Caper, Rosemary Garlic, Barbecue, Curry-Peanut, Balsamic,
Mushroom Sherry Chicken Breasts (min. 10 breasts)
Seared boneless skinless chicken breasts with mushrooms and
onions, in a nichly aromatic,tarragon-laced sherry sauce. We
recommend paining with our Roasted Garlic Mashed Potatoes.

## HOT SIDES

| Vegetables of | $\$ 50$ <br> Broccoli \& Cauliflower Sauté $\mathbf{v}$, Rosemary Brown Sugar Carrots $\mathbf{v}$, |
| :---: | :---: |
| Sautéed Zucchini $\mathbf{v}$, Southwest Corn |  |
| Potatoes of |  |
| Parsley Shallot $\mathbf{v}$, Roasted Garlic Mashed, Chipotle Cheddar Mashed, | $\$ 50$ <br> per pan |
| Mashed Sweet Potatoes, Potato Sauté w/ Spinach \& Carrots $\mathbf{v}$ |  |,

Parsley Shallot $\mathbf{v}$, Roasted Garlic Mashed, Chipotle Cheddar Mashed, $\quad \begin{gathered}\$ 50 \\ \text { per pan }\end{gathered}$
We request a 72 hour notice for all orders PLEASE DO NOT FAX OR EMAIL ORDERS
Fee based delivery may be available on orders over $\$ 100$
Disposable plate service can be purchased with your order upon request

## CONTINENTAL BREAKFAST

Having a bright and early get together? We can have your breakfast ready to go. Don't forget the coffee \& scones.

## Hopple Popple $\quad$ Your favorite breakfast sides, loaded into a casserole. Local scrambled $\$ 50$ per pan for $10-15$ eggs with potatoes, red and green peppers, onions, vegan breakfast per pan for $10-15$ sausage and real cheddar cheese. <br> Quiche Vegetal <br> Vegetarian: - Broccoli, Cheddar, \& Feta • Potato Green Onion $\underset{\text { for } 6-8}{\$ 20}$ Non-Vegetarian: • Smoked Turkey with Asparagus \& Swiss <br>  <br> - Raspberry Crumb Cake - Cherry Almond <br> - Banana Blueberry <br> 

## ALL -PURPOSE BAG LUNCH

Whether you're taking a field trip, or providing lunch for a business meeting, call ahead and well have lunch ready to go.
Each bag lunch includes a whole or half sandwich or salad, with potato salad, fruit salad and a cookie.
Please call 2 days ahead-
We may be able to accommodate small orders with less notice.
Sandwich Choices half
Chicken Pinenut Salad $\$ 12.50$
Smoked Turkey \& Swiss - $\$ 12.50$
Turkey Club $\$ 12.50$

Balsamic Tofu Wrap $\mathbf{v}$
Hummus \& Vegetable Wrap $\mathbf{v}$ $\$ 12.5$

- $\$ 11.50$

Egg Salad $\$ 12.00$
Egg Salad $\$ 11.00$
Most sandwiches can be made as a wrap by request.
Just need sandwichesp They can be arranged on trays for large groups.
Salad Choices
Caesar Salad
Balsamic \& Gorgonzola with Craisins \& Pepitas
Garden Salad $\mathbf{~}$
Dressing choices: Garlic Parmesan, Garden Ginger,
Herbal Vinaigrette, Greek Lemon Oil Balsamic Vina, add a serving of Chicken or Tuna Salad $\$ 4.00$ add feta or blue cheese

## FRESH FROM OUR BAKERY

We make all our desserts from scratch, using the best ingredients. Our pie crusts are made with trans-fat-free vegetable shortening, and the chocolate, butter and beet-sugar are real!


## Bars



Cakes, Pies, \& Tarts
Cheesecakes

$$
\begin{aligned}
& \text { - Chocolate-Raspberry } \\
& \text { - App } \\
& \text { - Apple } \mathbf{r} \text { Berry } \mathbf{r} \\
& \text { - Key Lime of - Cherry } \mathbf{v}
\end{aligned}
$$

- Boston Cream

Multilayer Cakes

- Poppy Seed Torte
- Killer Chocolate
- German Chocolate
- Chocolate Banana - Chocolate Raspberry Single-layer Cakes
- Poppy Seed Torte
- Killer Chocolate
- German Chocolate
- Chocolate Sana
Sheet Cake

Cupcakes
Gluten-free Cakes

- Poppy Seed Torte

Chocolate-Chocolate
(9" round, $3-4$ cake layers)
$\$ 60$
$12-24$

- Pink Raspberry
- Chocolate Peanut Butter
- Red Velvet $\mathbf{v}$
- Black \& White Espresso v
( 9 " round, 2 cake layers) $\begin{gathered}\$ 35 \\ \text { for } 8-12\end{gathered}$
- Chocolate Cherry $\mathbf{v}$
- Chocolate Peanut Butter
- Red Velvet $\mathbf{v}$
whole
$\$ 15.50$
$\$ 15.50$
$\$ 15.00$
$\$ 15.50$
$\$ 14.00$
$\$ 14.50$
$\$ 13.50$
$\$ 11.50$


## BEVERAGES

 lack Forest $\underset{\substack{\text { for } 8-16 \\ \$ 3-45 \\ \hline}}{(1)}$

| Iced Rishi Black Tea or SPORTea | $\$ 15$ |
| :--- | :---: |
| Cherry Lemonade | $\$ 20$ |
| per gallon |  |
| per gallon |  |

Coffee Service per gallo
$\$ 15$
per gallon Disposable -cups, cream and sugar included
Cold Brewed Anodyne Coffee

Choose from an assortment of natural sodas, sparkling, or still water | Zevia 0-Cal Sodas | $\begin{array}{ll}\text { \$2 ea } & \text { La Croix Sparkling Water }\end{array}$ | $\begin{array}{l}\text { \$1 ea } \\ \text { Sp }\end{array}$ |
| :--- | :--- | :--- | :--- |
| Sprecher So | Bottled Water |  |



PICK-UP CATERING

CALL US: (414) 278-7878
For inquiries about large events and orders, please email: beanscater@beansandbarley.com

Open everyday 9:am - 8:pm
1901 E. North Ave., Milwaukee, WI
www. Geansand Garly.y.com

